

General considerations:

The COVID-19 pandemic, which is currently on the agenda all over the world, has a wide-ranging impact on our daily life and therefore on our surgical and non-surgical medical services we will offer to you.

We are already following or somehow aware of the regulations of the world health organization and national health authorities and the recommendations of medical professional organizations regarding the measures to be taken regarding COVID-19 before, during and after a surgical or non-surgical procedure. However, we have set out a roadmap for the measures to be followed against COVID-19 virus infection for the health of our healthcare team and yours:

- Our primary goal is to eliminate the risk of contamination with Corona virus infection. That's why we have introduced very high safety standards (in line with the recommended guidelines for COVID-19) in hygiene measures required for staff, equipment and tools used for your treatment. Personal protective equipment consisting of masks, face shields and gloves are used for our doctors and all hospital staff and our patients.
- Before the surgery, we may contact you to answer some of our questions regarding possible symptoms, previous travel to risk areas, quarantine requirements or contact with COVID-19 patients.
- We currently only treat patients without COVID-19 symptoms to reduce the risk of transmission for patients and healthcare professionals, except in emergencies. During your stay in the hospital, physical separation from other patients is provided as much as possible to reduce the risk of transmission to both you and other patients. Because, in patients with such risks, surgery is contraindicated, except in non-emergency situations. Especially in a period of COVID-19 pandemic, the risk increases much more.

- Due to the COVID-19 pandemic, there have been some changes in anaesthesia procedures (such as the types of anaesthesia to be used in your surgery and preoperative tests required for anaesthesia). As before the COVID-19 pandemic, you will be able to learn from your anaesthesiologist the answers to any questions you may have about such changes during your anaesthesia consultation before surgery.
- Even if all high-level precautions are taken within the scope of world standards for the risk of COVID-19 infection during your treatment, the risk of COVID-19 infection is not completely eliminated. In addition, the risks that the virus may pose in the near future and after many years are not yet fully known scientifically. There is currently no drug and / or vaccine developed against COVID-19 infection. Therefore, only treatments for the symptoms caused by the virus can be currently applied.
- Despite all precautions, in the event of infection with the COVID-19 virus during or after treatment or surgery, the recovery process and / or the development of possible perioperative complications may be different or more severe than in COVID-19 negative patients.
- By signing this informed consent, I fully understand that there is no guaranteed zero risk of acquiring the SARS-COV-2 (COVID-19) virus infection, whether in surgical or non-surgical treatments, during or after treatment.

Declaration of the patient:

- During medical and surgical treatments and patient consultations, I understand and clearly accept the possibility of infection, despite the high level of COVID-19 infection risk measures. I approve of all perioperative COVID-19 detection tests, whether it is a direct virus detection test (PCR) from the nasopharynx or a blood antibody test.
- As the undersigned patient, I allow my doctor and healthcare professionals in charge of my hospital care to perform the medical procedures required during and after the COVID 19 pandemic.
- I am aware that despite my own and my doctor's efforts, currently performing my surgical procedure may increase my risk of exposure to COVID-19.
- I am aware that exposure to COVID-19 can lead to serious health problems, intensive care therapy, prolonged intubation and / or ventilator support, life-threatening consequences, and even death.
- In addition, I am aware that my body will be more susceptible to infections due to the surgery that will be performed on me right now, and therefore, if I acquire COVID-19 infection, it will be more severe than normal.
- I am also aware that performing my surgery at this time increases the risk of COVID-19 transmission to my doctor.
- The COVID-19 virus has a long incubation period, and its transmission may still have unknown aspects. Therefore, I am also aware that a negative COVID-19 test or lack of symptoms does not mean that I am still not contagious.
- In order to reduce the possibility of exposure or transmission to COVID-19 in my physician's office and / or hospital, I agree to comply with all precautions that my doctor will recommend against the risk of COVID-19 to protect the health of myself and healthcare professionals at every stage of my treatment.
- I am aware that I have to cooperate on such COVID-19 procedures and / or preventive precautions whether I personally deem it appropriate or not.

- I undertake to inform my doctor about all types of COVID-19 tests and the results of these tests belonging to myself or the person or persons living with me in the last 14 days. I am aware that if I have a repeat test until the date of surgery, I will inform my doctor about the results of these tests (positive or negative) immediately.
- Before surgery, I am aware that my doctor may want me to be re-tested for COVID-19, at my own expense and regardless of previous tests, and the results of these tests must be negative.
- Neither I nor anyone living with me have experienced COVID-19 symptoms in the past 14 days, and I declare it honestly.
- I and all those living with me have followed all personal hygiene, social distancing and other COVID-19 recommendations contained in government regulations where I live in the past 14 days.
- I am aware that I must declare this information honestly in order not to endanger myself or others.
- I am aware that even if the COVID-19 test result is negative, in some cases the tests may not detect the virus and there may be a possibility that it will be positive in subsequent tests.
- I am aware that even if I have COVID-19 infection and have no symptoms, carrying out the planned treatment or surgery may result in a higher risk of complications and even death.
- I have been informed that my treatment or surgery may also be delayed until a time when better treatment and / or vaccine against COVID-19 will develop. But I don't want my surgery to be delayed.
- All of the above explanations and suggestions have been discussed with me. I was able to ask all the questions and my doctor gladly answered all my questions.
- As I am fully informed, I also acknowledge that there may be a risk of exposure to COVID-19 virus infection.

**INFORMED CONSENT GUIDE AGAINST THE RISKS OF
CORONA VIRUS (SARS-COV-2 [COVID-19]) INFECTION IN
SURGICAL AND NON-SURGICAL TREATMENTS**

Additional assessments of the doctor (optional):

Additional questions from the patient (optional):

Exceptions (optional):

Patient's Name and Surname:

Doctor's Name and Surname:

Date:

Date:

Signature:

Signature:

Notice and Disclaimer:

This document is a guide. It is an informative note designed to be a reference for surgical treatments and COVID-19 risks only. It is not legal advice. It does not mean any standard of care. This document does not take into account every law or requirement of state or local authorities that may apply to you or your treatment.